



# Volunteers

## Position Description

### Athletics Volunteer

Are you interested in fitness and helping others stay healthy while having fun? The athletics volunteer will work in the gym or other athletics program assisting the gym instructor during Club hours. Be sure to bring your gym shoes to keep up with the Club's energy. If you love kids, love to be active, are creative and outgoing, and consider yourself a team player who is responsible and dependable, we would love to have you as a volunteer!

#### Qualifications:

- Passionate and enthusiastic about education and working with children
- Must be comfortable with strenuous athletic activity
- Minimum of working towards H.S. diploma or received H.S. Diploma
- Experience with organized sports would be helpful
- Individuals with coaching or refereeing experience are encouraged
- Volunteer duties may involve lifting, repetitive motions, bending, stretching and other physical stressors
- Must be able to clear a background check, no felonies or sexual offenses permitted

#### Expectations:

- Support the implementation of athletics programming that includes teams and leagues, skills classes, tournaments and contests, games, ongoing participatory events and various other health /fitness activities
- Be prepared for activities in our gym facilities and outdoors
- On occasion, may officiate athletics activities
- Patience for children struggling with new and/or challenging concepts; not easily frustrated if a child has difficulty focusing
- Assist staff with area supervision
- Maintain cheerful disposition towards staff and Club members
- Consistency: arrive on time to placement and communicate with Club staff about schedule
- Dress is athletic wear. Short shorts & midriff tops are not permitted, clothing with vulgar, sexually explicit or otherwise offensive language or graphics is not permitted

**Commitment:** Ability to commit to at least 3 months of consistent service

**Locations:** AJ Rickoff; Broadway; East Tech; FDR; John Adams Teen Center; King Kennedy; Lincoln West Teen Center; Luis Munoz Marin; St. Luke's Manor; St. Martin De Porres; Walton;